2017 ISTAA Cross Country Championships

Itinerary for Friday April 21th 2017

*Please note that all times are approximate and may be subject to change*

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| Time | Event | Notes |
| 7:30am | Mini-van and truck depart from school. **KIST Staff Set-up.** | Put up tents and mark course. Section off marshaling area and shoots. Review course duties. |
| 9:00am | Buses arrive with competitors (Schools that have both Elementary and Secondary students and more than one bus available may send senior students later). | Staff and students move to their school’s designated seating area |
| 9:10am, bus departs from school.  | KIST G1-G5 representative students | Arrive at venue at 9:30am.  |
| 9:45am | All students on-site and registered for races | Teachers responsible for their children having the correct grade level bracelets  |
| 10:10am | Junior Primary (grade 1,2,3) Boys and Girls move to starting line | Each school is responsible for their competitors getting to the start line.Staff in designated positions around course. |
| 10:15am | **Race 1- Junior Primary Boys and Girls (grade 1,2,3) Start****2km** | Junior Primary run alone- 2kmAll primary to be across the line before the next race |
| 10:20 am, School bus departs from school. | KIST G6-G12 representative students and with lunch box. **Mark and Shun** | Arrive at venue at **10:45am**. **Schools should have G6-12 students here by this time**.  |
| 10:35am | Senior Primary Boys and Girls (4 and 5) move to start line | Each school is responsible for their competitors getting to the start line |
| 10:40am | **Race 2- Senior Primary (4 and 5) start 3km** | Senior Primary- 3kmStaff in designated positions around course. |
| 11:10am | Small medal ceremony for Primary years | ISTAA coaches asked to help announce and hand out medals according to results. |
| 11:20am, School bus departs from venue. | KIST G1-G5 representative students return to school. | Arrive at school at 11:50am.  |
| 11:05am | Junior Secondary Boys and Girls (6 and 7) move to start line | Each school is responsible for their competitors getting to the start line |
| 11:10am | **Race 3- Junior Secondary (6 and 7) start 3.5km** | Junior Secondary- 3.5kmStaff in designated positions around course. |
| 11:35am | Middle Secondary Boys and Girls (8and 9) move to the start line | Each school is responsible for their competitors getting to the start line |
| 11:40am | **Race 4- Middle Secondary (8 and 9) start 3.5km** | Middle- 3.5kmStaff in designated positions around course. |
| 12:05pm | Senior Secondary Boys and Girls (10, 11, 12) move to starting line | Each school is responsible for their competitors getting to the start line |
| 12:10pm | **Race 5- Senior Secondary (10, 11, 12) Start 5km** | Senior- 5kmStaff in designated positions around course. |
| 12:40pm | Start organizing final ceremony | Top three from each Grade and gender receive medals |
| 1:15pm | Final Ceremony | Students receive medals announced to audience. |
| 1:20pm, School bus depart from venue. | KIST G6-G12 representative students return to school. **Mark** | Arrive at school at 1:50pm.  |

**Yellow** represents important times to make not of. **Blue** represents getting to start line times.