# KLONDIKE OLYMPICS

## INFORMATION PACKAGE National Shinshu Takato Youth Outdoor Learning Center, Nagano 23 Feb - 25 Feb 2018



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# Welcome to Klondike Olympics 2018! We hope to make this fun, so please read and adhere to the rules to make it as safe and enjoyable as possible!

This year's Klondike will be held at the Japanese youth Outdoor Learning Center operated by the Government of Japan. There will be several "Japanese Culture" rules we are not normally accustomed to, but it's a great opportunity for our youth and adults to learn! More information is available further in this packet.

Safety is paramount! Please make sure you stay bundled up against the cold. Wear a jacket, and remember that if you get wet you need to dry off as soon as possible. Also check your socks frequently to avoid the dampness that could bring frostbite. Drink plenty of water, and if you have any questions please ask one of the adult leaders!

#### **BSA Requirements**

Youth must be a registered Scout or Venturer to participate in Klondike. Unregistered youth will not be able to attend. Every unit must also have appropriate leadership, which is at least two adults that are registered and Youth Protection trained (recommend all adults, including parents that are not volunteers, take youth protection). One adult must also have completed the BSA Hazardous Weather Training (can be taken online – this expires periodically so please check again). Leaders, it is your responsibility to ensure your troop has at least two adults on site who will be responsible for all your Scouts at all times.

#### **Troop requirements**

- Register the unit using the event registration form available at http://www.fareastcouncil.org/Districts/Asia-east-district
- Provide information on known allergies or significant medical issues by 24 JAN 2018 to the Program Director. Your failure to respond will mean that we cannot be responsible for issues.
- Ensure unit has current Scout and adult medical forms and brings them to the event (parts A and B). We will ask to see these but the unit leader should hold on to them for the event.
- Complete required permission slips.
- Conduct appropriate training on winter clothing and related injuries.
- Ensure every participant (youth and adults) are properly equipped for weather.
- NOTE: Troops will only need to bring items required, as listed on the event page.

#### Items being provided at the event

- Heated cabins with sleeping bunks, pillow, sheets and futon comforter for sleeping.
- Each cabin has bathrooms with sinks and toilets, electricity, and hot water pots for making things like instant soup, hot chocolate, tea, etc.
- Items for events, as identified in the event description in this package.

#### Visitors

Members of your troop committee or parents of the scouts may attend, but need to be registered as part of the unit by the due date. Due to youth protection and current cabin arrangements, we cannot accommodate siblings or other youth not registered as a Boy Scout or Venturer.

#### **General Information:**

Each "Olympic Race Team" (so-called because Scouts will be racing in Olympic themed events and act as a bobsled team in one event), will follow a course IN NUMERICAL ORDER as outlined on a map/score sheet given to the Patrol/Race Team leader at registration. The map will guide the team over a course to each event. Each patrol will also be given a drawstring bag in which they will be required to keep their gold payments.

At each event, the patrol will encounter a practical problem some involving basic Scouting skills. The Patrol's performance will determine how they are awarded points for the event. Stations MUST be visited in the correct rotation for the patrol to participate. All patrols must visit all stations.

After the final station, the team is on the final stretch and will report to a designated location to turn in their scoring details. This will determine appropriate awards for the Klondike.

#### **High Adventure:**

For Scouts 14 and up and at least a First Class. Must have attended a Klondike in the past. We may be hosting a Backcountry Snowshoeing or Cross-Country Ski Adventure. This is contingent on at least a patrol of boys being interested in this. Please let John Harris or Josh Hickman know via email if your scouts are interested.

#### **Arrival and Checkout Procedures**

Because we are using a Japanese facility, this will be a little different than what BSA Troops are typically accustomed too. In addition to our Klondike, there will also be at least 4-5 other Japanese youth groups using the same location during our weekend. Please ensure your Scouts understand they must be considerate of other guests. Keeping noise down, not making a mess and considerate of others.

<u>Arrival:</u> All units should try to time their arrival between 6-9:00pm, Friday night. Once the unit arrives, the adult leader and the SPL will report to the check-in area and provide the following:

- Registration roster with any last minute adjustments
- Copy of Annual Health and Medical Record for each participant (adult and youth)
- The unit will receive updated information and maps of the camp and cabin assignments.

<u>Check-out:</u> The facilities we are using have specific checkout procedures and it is imperative everyone follows their requirements. More information is provided further in this packet.

- Units must be completely cleared and ready for cabin inspection by 9:00am on Sunday
- Units planning on departing on Saturday night must indicate this on the registration form.
- Specific check-out procedures will be provided to those units as needed.

#### **Other Information**

<u>Meals</u>: Units will be responsible for their own Friday night meal. It is suggested units either require participants to bring meals that can be eaten on the road, or plan on stopping to eat while in route (time is critical as the facility is asking that people arrive no later than 8:30 and quiet time starts at 9pm). All Saturday meals and Sunday breakfast are being provided by the facility. The location has a full kitchen staff and very nice dining area, with all meals served "buffet" style allowing participants to choose items. If you have unique dietary requirements (medically based) please bring it to the attention of the camp directors and perhaps make separate plans.

<u>Snacks</u>: There is no cooking allowed in the cabins. Each cabin has a hot water dispenser that can be used for hot chocolate, Cup of Soup, tea, etc. Prepackaged snacks are also allowed in the cabins. However, units must use due care to ensure food and drinks are not spilled on the linen, comforters, and any tatami mats that might be present. Units will be financially responsible for any damage caused by their participants.

<u>Trash</u>: The facility requires users to remove their own trash. Bring enough garbage bags and pack out your own waste. Do not throw food waste on the snow.

Fires: Fires are restricted to Saturday night camp fire/scout events. No other fires are authorized.

<u>Medical:</u> Medical help will be available for minor problems that may occur; however it is imperative everyone in attendance provided a BSA Health and Medical Form in case something significant occurs. For major incidents, the facility will contact local emergency response personnel and the local hospital will be used as required for treatment. Injuries, regardless of how insignificant, must be immediately reported to the camp director and District Executive.

<u>Uniforms:</u> All Scouts and Scout Leaders will wear Full Field Uniform "Class A" at flag ceremonies, Meals, and Closing Campfire. Bring cold weather gear as appropriate since temperatures are expected to be below freezing.

<u>Parking</u>: Available parking is limited. Units must identify how they plan on getting to the event on their registration form. Carpooling or bus transportation recommended. All vehicles need to back in to the parking spots to facilitate exiting should there be a large snowfall. If you are driving, please bring tire chains and shovels as the drive up the mountain and the parking lot may get snow and ice buildup.

<u>Stations/Events</u>: Adults, and older youth not participating in the high adventure, should be prepared to assist with events as needed. Station assignments will be determined before event. Please contact Program Director for details.

<u>Liaisons:</u> We need at least 3-4 <u>adults</u> to serve as event liaisons for the entire weekend. You must be able to communicate in Japanese and English and do not have any key responsibilities in your unit (i.e...Scoutmaster, second leader, etc.). Contact the Camp Director or District Executive immediately if you are interested. In addition to the official liaisons, we encourage everyone who is bilingual to pitch in and help make a good impression with our hosts and other groups using the facilities.

### Klondike Olympics Schedule of Events (Subject to Change):

Friday		
1300	Staff Check-in and Set-up	
1800 - 2200	Units Check in. Troop leaders need to supply patrol	
	final rosters and patrol names at this time.	
2100	Leader Meeting, location TBD	
2130	Everyone in their cabins, quite time (9pm)	
2200	Facility lights out	
Saturday		
0630	Reveille	
0700 - 0730	Opening Ceremony (subject to change)	
0730 - 0900	Breakfast/ Clean up (subject to change)	
0900 - 0950	Period 1	
0950 - 1040	Period 2	
1040 - 1130	Period 3	
1130 - 1300	Lunch/ Clean up	
1300 - 1350	Period 4	
1350 - 1440	Period 5	
1440 - 1530	Period 6	
1530 - 1545	Prep for Race	
1545 - 1630	Klondike Race	
1630 - 1700	Clean up	
1700 - 1900	Dinner/ Clean up	
1900 - 2000	Campfire / Awards	
2100	Leaders Meeting	
Sunday		
0600	Reveille	
0600 - 0720	Clean-up of personal items and cabins	
0720 - 0845	Breakfast/ Continued Clean up, Note: all personal items	
	must be out of cabins prior to 0900.	
0900 - 0930	Cabin Inspection by facility personnel	
0930 - 1015	Scouts own Service and Departure	

#### **Be Prepared:**

In 1998, Japan hosted the Nagano Olympic Games. Scouts of the Far East Council will once again bring the Olympics to the Nagano region. Test of Wit, Skill, and Endurance will bring home the gold.

<u>Clothing:</u> One of the most important requirements is to know how to keep warm and dry. Each scout must know what to wear. Winter weather is very unpredictable, requiring preparedness for almost any condition. A nice day can turn into a raging blizzard (not expecting it but you know what I mean). Dress to be dry, don't do any activity fast enough to sweat, remove layers or add layers to accomplish this. Cold weather camping requires adequate clothing and waterproof boots to protect the camper and yet be versatile enough to prevent sweating during activity and keep the boy warm during idle periods. Layered clothing meets this requirement. A second and third change of inner clothing will be required for your boy's personal safety and comfort. A wool stocking cap or similar head covering is necessary both during the day and at night to retain warmth. Note for Scout Leaders: Please realize that boys do not "feel the cold" as adults do, if they are uncomfortable, they will bundle up. It doesn't hurt to remind them, however.

<u>Sled:</u> Klondike style sleds or sledges must be built or put back in shape (don't forget to wax the runners). If a patrol does not have a sled, build one (many plans available on the web). Toboggans and store bought sleds will not be allowed to participate. Incidentally, don't let the idea of sleds scare you. It is not essential to have snow for this event -- many of our best derbies have been held without snow. However, if there is no snow, sleds with regular skids will be at a disadvantage. The ability to attach wheels quickly will be an advantage.

#### Klondike Rules, Events and Scorekeeping

1. Clothing Inspection:

- Each participant will be inspected BY YOU (Scoutmaster or adult leader present) before hitting the trail.
- Participants not adequately dressed will not be allowed to participate and must stay indoors. with others and an adult leader. Please ensure everyone is prepared.
  - Clothing proper and warm for existing conditions. Dress in layers of clothing.
  - Footwear proper for existing conditions. Wear wool socks over a pair of cotton. Do not wear low cut shoes (no tennis shoes) unless covered by a pair of galoshes/gators.
  - Headgear to cover head and ears (scarves recommended). Wear a head protector which has ear covering. An added scarf will protect the face from the cold and biting wind.
  - Handgear to protect vulnerable hands. Hands should be protected with wool mittens covered with a water repellent shell. Gloves may be worn, but mittens are best.

#### 2. First Aid Station:

- All trained medical personnel that plan on being at the event should identify themselves to the camp director or district executive prior to the event.
- Located at the Registration Station and moved near the events throughout the derby.
- A warming area will be available for "EMERGENCIES". This will not be a social area or be used for other purposes. The whole idea of the Klondike is to train boys for OUTDOOR WINTER ACTIVITY. While we will not ticket for loitering we do ask for your help.
- Hot Chocolate will be available to help treat potential hypothermia issues.

#### 3. Weather:

- The Klondike location sits at about 4,000 feet elevation and temperatures are typically between 20-35 degrees F (-10 to 2 deg. C) or lower this time of year.
- Units should frequently check weather updates and be aware of potential adverse conditions. The facility's website at http://takato.niye.go.jp has current temperature and frequent weather updates in Japanese, but graphics make it understandable.
- Traditionally Klondike Derbies has been a test of how well Scouts are prepared for cold weather and adverse conditions. Therefore, unless weather reaches dangerous conditions -- the DERBY WILL GO ON!

#### 4. Registration

- The registration form is on the Council Website, Asia Central Page at www.fareastcouncil.org.
- **Participants names and registration form are due by 31 January 2018, no exceptions!** There are no late registrations and no one will be allowed to register "at the door." We are using a Japanese facility, making changes is very difficult. We must provide this on 1 Feb.
- Registration forms can be taken in person or emailed to the council store and district executive at tawny.browning@scouting.org or store@fareastcouncil.org. Please send to both.
- All registration fees are due by with the registrations.
- Cost per person is \$45.00

#### **Refund Policy**

Camp fees, once paid, are non-refundable unless the unit can provide just cause for the request. All requests must be in writing and submitted by the last day of camp. Reasons could be a family emergency or unexpected medical condition. The request must be supported by a proper authority (Red Cross, Health Provider, etc). In the event a Scout has to leave camp due to illness or other justifiable reason, the refund rate may be prorated. No refund requests will be accepted after the completion of camp.

Failing to plan (no transportation, lack of parental support, etc), leaving early, *Being sent* home or forced to stay home for disciplinary action, or changing your mind about attending does not constitute a reason for a refund. The final decision authority rests with the Far East Council.

#### 5. Patrols

- This year's Klondike will be a traditional Boy Scout patrol-based event. Let the patrol succeed or fail on the strength of its members.
- Boy Scout leaders DO NOT HELP the boys during the event. Patrol members must work together to navigate the course and complete the events.
- The ideal patrol size is six (6) to eight (8) scouts. Patrols with more than six scouts may have to "sit out" members at each event on a rotational basis. The Patrol Leader will track the order of who does not participate at each event.
- The decision of who sits out must be made before the event task is given to the patrol.
- 6. Patrol Equipment (must be on your person or sled throughout the day)
- Klondike sleds and Safety Helmet
- Compass 2 per sled
- Patrol Flag! (Extra Credit for making a flag specifically for this Klondike)
- 6 ft. length of knot tying rope per scout
- Poles/Staves (4) and 20' of rope/lashing twine to build a tripod

- Fire Starters: matches, flint & steal, and the like
- First Aid Kit, triangular bandages and Splints
- One Blanket
- Scout Handbook (recommend putting this and any other items in a ziplock)
- Clip Board, Pencil and Paper
- At least 2 gallons of drinking water contained in a 2 or 2.5 gal. jug.
- Tarp at least 6' x 6'.
- One 2 qt. pot to make 6 9 cups of hot chocolate in over an open fire.
- Hot Chocolate (and/or other hot drink mix)
- Complete set of winter clothing for each member of the patrol. (Clothing not being worn or carried by the individual must be on the sled.)
- Patrol Name and Yell and plenty of scout spirit.
- Trash Bags
- Neckerchiefs (one for each patrol member)

#### **Additional Equipment Needed:**

#### Personal: Recommended

- Sleeping Bag, Ground insulation pad (rooms may get cool at night)
- Pocket Knife
- Compass
- Canteen/Cup
- Flashlight and head light
- Scout Handbook
- Adequate layers of clothing
- Adequate footgear, headgear, and hand gear.
- Shoes CAN NOT be worn inside cabins, bring slippers or something similar

#### Troop Equipment:

- No need to bring tent or kitchen equipment. You just need personal and patrol gear list.

#### Room Info and Check Out Procedures:

All cabins are unlocked. Valuables should be left in the car or on your person. When you leave your room, you must put all blankets, comforters back the way you found them, neatly folded and following the directions in each room. Sheets, pillow cases should be bundled in groups for easy counting. Floors must be swept or vacuumed and all trash and garbage removed. Shoes may NEVER be worn inside. Each cabin will be inspected by a staff member and the patrol before allowed to depart the area. A female only cabin will be available.

#### **KLONDIKE EVENT SPECIFICATIONS**

Station	Description	Materials needed
1	Olympic Torch Build - The patrol will need to fabricate a torch in a can without the use of chemicals. This flame will travel 50 feet to ignite the Olympic Cauldron.	Matches, Lighters, Tinder.
2	Camp Fire Program – The patrol will be participating in the camp fire program Saturday night. Practice your song(s) and/or skit(s). Sign your patrol up one or two at the campfire. (the Scout Masters at this station will be running the camp fire that night so they need to make sure you guys, and gals, are ready)	Bring, cups, spoon and hot cocoa mix. Drinking hot cocoa while practicing your songs and skits is totally permitted.
3	Snow Shoe Relay. Timed event. Patrols will fabricate a set of Snowshoes out of Bamboo Staves, Duct Tape, and 550 Cord.	Bring your knowledge of lashings and knots.
4	Olympic Ring Orienteering. Patrols will navigate through given coordinates to the 5 Olympic Rings. Points awarded for accurate placement of markers.	Bring Compasses.
5	Scout Biathlon. Patrols will race from station to station and try to be the first to hit the target with a slingshot.	Bring endurance. This will wipe you out.
6	Even Athletes get injured. Patrols will come across a downed athlete. They must assess the situation, treat, and transport the injured athlete to a designated area.	Staves, Blanket, Tarps, First Aid Kit.
7	Olympic Sled Race - Your patrol needs to pick up the pace to get back to camp before sun set. Navigate your sled through a course as quickly as you can.	Sled, Helmet, and patrol.
Extra Credit	Klondike gold rush race- Be on the starting line on time for the Klondike gold rush race.	
Extra Credit	Patrol Flag- Prepare and present flag designed for the 2018 Olympic Klondike.	

Here's How To Earn "GOLD" at the Klondike:

#### **Final Notes:**

- AT NO TIME ARE YOU TO LEAVE THE CAMP; if you must leave please notify the Camp Director first (Adults and Youth)
- All units will enforce two-deep leadership, and ensure youth are in groups of two or more.
- If you think something is wrong, tell an adult leader. They are here to help.
- By law, all adults at Scouting activities are considered "mandatory" reporters and all incidents of misconduct must be immediately reported directly to the District Executive.
- Fires are NOT PERMITTED. We will confirm if a closing fire is possible at the site.
- Maps of the facilities and event locations will be provided at check-in.
- Patrols are required to bring their flags, sleds, yell, song and enthusiasm! (Extra Credit for making a flag for Klondike 2018 with the Olympic theme).